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# PARKING PASS

# THANK YOU!
THANK YOU!
Without our volunteers, Padres Pedal would not be possible. We ask that on event day you:

HONOR YOUR COMMITMENT
Padres Pedal the Cause is incredibly grateful for the time and energy our volunteers donate. In order to make the event as successful as possible, it is important that every volunteer position be filled. If you are unable to participate, we ask that you cancel your participation by November 11th either on-line through your profile or by emailing admin@gopedal.org.

When registering to volunteer we kindly ask that you make a commitment to work your full volunteer shift from beginning to end.

REMAIN FLEXIBLE
For the most part, volunteers will be assigned a role upon checking in the morning of November 16. This handbook gives you a brief overview of the roles you may be assigned. You may be asked to switch areas within a shift. If you signed up for multiple shifts, please report back to the check-in area after the end of each shift.

There are two volunteers shifts at Petco Park:
Shift 1: 4:00 am – 10:00 am
Shift 2: 10:00 am – 5:00 pm

Certain positions have been pre-assigned. If you signed up for one of these positions, you will receive role specific information ahead of time.

We ask that you please pitch in where you are needed and let your volunteer leader know if you have physical limitations that preclude you from fulfilling certain tasks.

HAVE FUN!
We are incredibly grateful to your time and support and hope that you enjoy your day volunteering with us. When you have the time, take a moment to pause and reflect on the incredible impact that we are making on cancer research as a San Diego community!

Padres Pedal the Cause is a non-smoking event. Smoking is not allowed at any of the Padres Pedal the Cause sites including Refueling Stations, Petco Park and along the course.
GENERAL VOLUNTEER INFO

PARKING INFORMATION
All volunteers are asked to park in the Padres Parkade located on 10th Avenue between Island Ave and J Street. Parking is free; please print out the parking pass located on page 32. If the Parkade is full when you arrive, parking is also available complimentary at the Tailgate Lot. Your Parkade pass will be honored there as well.

CHECK-IN & ROLE ASSIGNMENT
Please proceed south on 10th Avenue to the East Village Gate and check in at the volunteer kiosk for your volunteer t-shirt, event access wristband and volunteer assignment. Please wear the t-shirt you are provided as it designates you as volunteer!

You will then be directed to your designated volunteer position where your Padres volunteer captain will brief you. Please plan to arrive at Petco Park at check in AT LEAST 20 min prior to start time to check in.

VOLUNTEER GROUPS
Groups volunteering at Petco Park will check in at the East Village Gate. Groups volunteering On Course will check in at their designated volunteer location. We ask that one volunteer lead from each group check in on behalf of the group.

FOOD AND BEVERAGE
All volunteers will have access to water and snacks during their shift in the Volunteer Zone located in the T-Mobile Home Run Deck. If your shift falls over the lunch hour (11 AM-1PM) there will be light lunch available in the volunteer zone.

Note the food and beverage on the field is for registered participants and guests who purchase a F&B wristband. If you are interested, wristbands are available for purchase day of.

ATTIRE
Please wear comfortable shoes and clothes, bring sunscreen, sunglasses & hats.
This is important info shared with participants that we would like all volunteers to be aware of:

BIKE CORRAL
Bike corrals will be located at Park at the Park before the ride. After you finish, the bike corral will be in centerfield north of the finish line. You must have your wristband with your rider # on it to retrieve your bike from the bike corral after the event, and you will exit through the tunnel to the Park Blvd Gate.

GEAR CHECK presented by INTUIT
If you bring extra clothes for warmth or to wear post-ride, you can check a bag on the field on the Beach near the Spin Zone before your ride. Riders will also be able to check in and drop off their bike during the Friday evening packet pick up at Petco Park.

Gear check will also be available at the Bikeway Village and Mountain Hawk Aid Stations. **IMPORTANT:** Gear left at off-site locations will be transported back to Petco Park as late as 5PM when all riders have cleared the course.

WRISTBANDS presented by W.E. O’Neil
Participants and spectators will not be allowed to enter Petco Park without a wristband. Your wristband is your access pass to the event; it will be in your packet when you check in. **Please plan to wear it all day, as you will not be able to get food, drinks, your gear or bike without it.** If you misplace your wristband, please find a Padres Pedal staff member or volunteer to get a new one.

Friends, family and colleagues are welcome at Petco Park for all festivities. General access for cheering and celebrating is free. If they would like to enjoy food and drinks, guests may purchase a separate wristband.

- Food Only Wristband: $25 (blue)
- Food and Beverage Wristband (21+): $40 (yellow)
- General Access Wristband: free (white)

All participants 21+ receive a yellow wristband and all participants under 21 will receive a blue wristband with registration.
EVENT DAY INFO (as provided to participants)

This is important info shared with participants that we would like all volunteers to be aware of:

PARKING presented by ACE PARKING
On event day, parking will be available free of charge in the Tailgate Lot adjacent to the ballpark entrance on 14th St between Imperial Ave and K St. Parking will be reserved for Padres Pedal the Cause only. Overflow parking for participants will be provided in the Padres Parkade located on 10th and J. A third option is available for purchase at the Parkade on 6th and K for $1/hour. Reserved VIP parking is available in the Lexus Lot on Imperial adjacent to Park Blvd.

BIKE MAINTENANCE
Bike maintenance (minor adjustments; chain lubricant, air, etc.) will be available at Petco Park courtesy of RIDE Cyclery before the start, as well as on the course. Please plan accordingly and come early if you need service.

We strongly recommend getting your bike tuned up prior to event weekend as our mechanics will not have time for complex maintenance.

TEAM PHOTOS
Our photographers will be on hand to shoot team photos before the events begin and between noon and 5pm. Plan to meet your team at the designated Team Photo area on the field for an awesome group shot together in front of the “I Ride For” or “I Run For” wall!
EVENT DAY INFO (as provided to participants)

This is important info shared with participants that we would like all volunteers to be aware of:

SHOWERS
All riders will have access to hot showers and towels in the visiting team locker rooms. Entry to the showers will be on the first base dugout side near the recovery zone. Please make sure to pack any additional toiletries as needed.

RECOVERY ZONE
Stop by our Recovery Zone near home plate. The Physical Therapy Effect will provide physical therapy services near the 1st base dugout. Cyclist Massage will return this year to offer massage services in the Lexus Club Restaurant behind home plate after your ride. Please check in at the respective service desk to reserve a time for your complimentary 10-minute massage or physical therapy session! New this year, Biomed will be offering B12 shots complimentary to Top Fundraisers and for $20/ piece otherwise.

SURVIVOR HELMETS/ HATS
We invite our cancer survivors and fighters to pick up their orange hats and helmets at packet pick-up. Orange helmets will be distributed to survivors who haven't previously received one, while orange hats will be given to all participants who have indicated they are a fighter or survivor.

SOCIAL MEDIA
Make sure to capture your experience and share it on the screen by using the hashtag #PadresPedal19 during the event! Tag us on Facebook (@PedalTheCauseSanDiego) and Instagram (@PedalSanDiego) with hashtags: #PadresPedal19 #EndCancer #Give100% @AccelerateCures

FINISH LINE FESTIVAL
Celebrate your ride/run and join us for food, cold drinks, and live music at the Finish Line Festival. Enjoy team bonding in the team hangout area and enjoy an afternoon of celebrating your hard work throughout the year, working towards A World Without Cancer! Don’t miss out on the capstone program – two presentations available at 11:15am & 2:30pm.

FINISHLINE PHOTO presented by ENDURANCE SPORTS PHOTO
In addition to course photographers, Endurance Sports Photo will be taking finisher photos which will be emailed to all participants after the event.
*Cyclists place bib on the front of bike so that it is visible to traffic control personnel; please do not bend the bibs.

5K participants: secure bib to the front of shirt.
**EVENT DAY SCHEDULE**

**SATURDAY, NOVEMBER 16, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30am</td>
<td>Registration &amp; Check-In Open at East Village Gate, breakfast available</td>
</tr>
<tr>
<td>6:00am</td>
<td>The Century and Honey Springs Heartbreaker Start</td>
</tr>
<tr>
<td>7:30am</td>
<td>Olympic Challenge Start</td>
</tr>
<tr>
<td>9:00am</td>
<td>Coronado Classic Start</td>
</tr>
<tr>
<td>9:00am</td>
<td>Spin Classes Commence (9:00am-2:00pm)</td>
</tr>
<tr>
<td>10:00am</td>
<td>5K Walk/ Run Start</td>
</tr>
<tr>
<td>10:30am–4:30pm</td>
<td>Finish Line Festival Including, Live Music and Lunch/ Bar Service Open</td>
</tr>
<tr>
<td>11:15am</td>
<td>Padres Pedal Capstone Program #1</td>
</tr>
<tr>
<td>11:30am-1:30pm</td>
<td>Superhero Kids Challenge Carnival Start</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Kids Wave 1 Ages 3-7</td>
</tr>
<tr>
<td></td>
<td>Kids Wave 2 Ages 8-12</td>
</tr>
<tr>
<td>2:30pm</td>
<td>Padres Pedal Capstone Program #2</td>
</tr>
<tr>
<td>5:00pm</td>
<td>Petco Park Closes</td>
</tr>
</tbody>
</table>

**ANTICIPATED RETURN OF PARTICIPANTS**

- **Coronado Classic Riders:** between 10:45 AM and 12:00 PM
- **Olympic Challenge Riders:** between 10:45 AM and 2:30 PM
- **Honey Springs Heartbreaker Riders:** between 11:45 AM and 2:00 PM
- **The Century:** between 12:45 PM and 4:00 PM
- **5K Walk/ Run:** between 10:30 AM and 11:30 AM

**CAPSTONE PROGRAMS**

Hear from Padres Pedal funded researchers and physicians, survivors, and other representatives about how Padres Pedal funding is making a difference in the fight against cancer. Join us at the mainstage presented by BD at **11:15 AM** to meet our SuperKids and hear about our SuperKid program and the impact our community is making on Pediatric cancer Awareness and again at **2:30PM** to hear directly from Padres Pedal funded doctors and researchers alongside their patients who know firsthand the importance of collaborative cancer research.
WHATS NEW FOR PARTICIPANTS

1. The Start Line for Cyclists + 5K will be on J Street
   • We are excited to announce a new start line for the 5K and cycling courses this year. These starts will take place on J Street, outside of Park at the Park.

2. Spin classes will be on the Pier
   • All spin classes will be held on the Pier overlooking the field this year.

3. Event day entrance and check-in will be located at the East Village Gate
   • The East Village Gate is located on the corner of 10th and K Street and provides easy access to Park at the Park, where breakfast, team meet-ups, and mechanics are located.

4. Last mile of cycling courses changed to avoid railroad tracks on Harbor Drive
   • For cyclists' safety, we have changed the final mile of all cycling courses.
   • Please review the new finish route on our courses page.
   • All cyclists still get to finish on the field at Petco.

5. TWO Capstone Presentations
   • Instead of one capstone presentation at the end of the day, Padres Pedal the Cause will be hosting two programs to meet participants when they end their event.
   • Join us at the mainstage presented by BD at **11:15 AM** and/or **2:15 PM** to take part in the presentations.

6. Souvenir Finisher Beer Cans
   • Don't forget to pick up your souvenir finisher can of Pedaleur, a session IPA brewed and donated by Rouleur Brewing Company. Pedaleur will also be on tap at the three bars on the field.

7. ID check
   • Please bring your ID with you. Best Beverage Catering will be validating ID's prior to any bar service. You will get a wristband once your ID is checked. You will also need this 21+ wristband to get your souvenir finisher beer can!
VOLUNTEER POSITIONS
**BIKE CORRAL VOLUNTEERS**

**VOLUNTEER LEAD(S)**
Graham Lyman (Shift 1)
Celeste Madruga (Shift 2)

**PADRES STAFF**
Dillan Gargas + Adam Esquer (Shift 1)
Ryan Deffe + Tristan Kemp (Shift 2)

**VOLUNTEER DUTIES**

**Shift 1:**
4 volunteers will manage the bikes left overnight from Friday packet-pick up in Power Alley. Participants will arrive in the morning to retrieve their bike by bib number. Volunteers will then find the bike with the matching bib number. Bib numbers on the bikes must match the bib # on the individual’s wristband. There will also be a security guard at this post to assist you.

2 volunteers will help manage the bike racks on K street and keep this area organized. This is an unattended bike rack area, meaning participants leave their bikes at will while they grab breakfast and coffee. There will be no check in or check out. Volunteers are just to keep an eye on the area.

**Shift 2:**
Volunteers will help cyclists as they finish their ride. Cyclists will dismount their bike after crossing the finish line and hand it off to a volunteer. Volunteers will stage the bicycles on the field in the “Bike Storage” area by the left field outfield. Other volunteers will shuttle the bicycles from the staging area to awaiting participants who are ready to leave. Bikes are assigned to specific areas of the bike storage area based on the rider’s bib color. When participants are ready to leave for the day, they will pick up bicycles on the field.

Note this area will be staffed with Security and Padres Event Crew to assist the volunteers working this area.

Please ensure that the bib number attached to the bike matches the bib number written down on the wrist band of each rider before handing off a bike.

Volunteers will be provided a map separating the bike corral into specific zones. These zones will be separated by bib color so that bikes are easier to find.
FINISH LINE ASSISTANT

VOLUNTEER LEAD(S)
Caitlin Donahue

VOLUNTEER GROUP
• NCL (Cheering) | Cancer Kickers (Traffic Control)

VOLUNTEER LEAD DUTIES
Caitlin will be responsible for
• Designating the below roles to volunteers as they arrive
• Ensure the finish line is set appropriately with a SAFE divide for 5K participants and cyclists
• Ensure all items on check list are available for volunteers

VOLUNTEER DUTIES
Finish line assistants provide support, safety and an atmosphere of excitement at the finish line.

Water distribution: Hand out water to our finishers (iDrink is the preferred water partner of Padres Pedal and will be ready for volunteers to hand out at the finish line)
• Dismount assistance: Support our riders upon their return by helping anyone who needs help getting off their bike. Lead them to the bike corral
• Cheering: We ask that you provide encouragement to the riders in the form of ringing cowbells, cheering, and providing a happy and up-beat atmosphere.
• Kids Challenge Medals: Hand out medals to each child who finishes the Kids Challenge!
  • Two volunteers from WD-40 will be present to help with this as well
• Traffic Control: You will be stationed at the end point of the finish line to direct traffic
  • Direct cyclists to the bike storage
  • Direct 5K and Kids Challenge participants to centerfield
  • 15 people for this zone

CHECK LIST
• Cowbells
• Kids Challenge Medals
• Water (provided by iDrink)
FINISH LINE SOUVENIR BEER CANS

CREW LEAD(S)
Audrey Verdone + 3 CREW

VOLUNTEER DUTIES
Finish Line Beer Cans: All participants (21+) will receive a complimentary Padres Pedaleur beer can at the finish line.

- Volunteers will be helping to hand out beer cans to participants who have 21+ wristbands.
- Padres crew will be present to mark an X with a permanent marker on the wristband to ensure only 1 can is given to each participant.
- These cans are meant to be souvenirs, so inform participants “Pedaleur” will be on tap at each of the 3 bars on the field.

VOLUNTEER COUNT:
Shift 1 (0)
Shift 2 (4)
VOLUNTEER LEAD(S)
Bryan Chan (food vendor management | volunteer management)
Lisa Cabiles (Breakfast/Snack Captain SHIFT 1)
Samantha Barker (Crew lead)

VOLUNTEER DUTIES
Breakfast will be provided at Park at the Park from 4:30 am to 10:15. At 10:15 am, the breakfast footprint will be minimized, and the Kids Zone will be assembled. Coffee + Beverages + Snacks will be kept available until 1:00 pm (the last of our spin classes).

Food and beverage volunteers ensure that our start line food area is organized, kept clean of garbage, remains stocked.

Bryan will be assigning volunteers to one of the following duties upon arrival:
• Check on supply of coffee + hot water. DNC will be brewing coffee + making hot water
• Replenish ice and fill coolers with beverages
• Keep food presentation clean and clear of trash
• Change out trash bags as needed

Lisa will be volunteer lead during breakfast: Volunteers will help set up the breakfast area in the Park at the Park, help keep it stocked and looking clean, and clean up the garbage left by riders on the tables.

BREAKFAST CHECK LIST
• Coffee, Bananas, Hot Water, KIND bars, Oatmeal

Note the food and beverage is for registered participants and guests who purchase a F&B wristband. If you are interested, wristbands are available for purchase day of.
VOLUNTEER LEAD(S)

Bryan Chan (food vendor management | volunteer management)
Katie Hubert (food vendor management)
Ken Oswald (checking participant wristbands)
Diana “Alex” Alexander (checking participant wristbands)
Vida Zapata (Breakfast/ Snack/ Lunch Captain SHIFT 2)

VOLUNTEER DUTIES

Lunch will be served on the field from 10:30 am to 4:30 pm.
Food and beverage volunteers ensure that our finish line festival is organized, kept clean of garbage, remains stocked. DNC will be present to help with these duties as well.

Bryan will be assigning volunteers to one of the following duties upon arrival:
• Replenish ice and fill coolers with beverages
• Keep food presentation clean and clear of trash

Erin will be volunteer lead during lunch/the afternoon: Volunteers will help keep the snacks on the bars, volunteer food and vendor food stocked and clean up the garbage left by riders from lunch from the tables.

Ken and Diana will be stationed at the food and beverage area to ensure that only participants with yellow or blue wristbands (shown below) receive access to the F&B zone. If a guest would like to purchase an all access F&B wristband, please direct them to the merchandise tent.

All Access Food + Beverage Wristband
Can be purchased for $40

<table>
<thead>
<tr>
<th>PADRES PEDEL BIB#</th>
<th>EMERGENCY # 619-795-5777</th>
<th>WE-O’NEIL</th>
</tr>
</thead>
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All Access Food Wristband
Can be purchased for $25

<table>
<thead>
<tr>
<th>PADRES PEDEL BIB#</th>
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<th>WE-O’NEIL</th>
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</thead>
</table>

21+ WRISTBANDS (this will be a 2nd wristband provided by Best Beverage)
Participants who are interested in consuming alcohol will need to visit any of the bars to show their ID, they will receive an additional wristband proving they are 21+. ID verification will also be available at East Village gate by check-in.

Note the food and beverage on the field is for registered participants and guests who purchase a F&B wristband. If you are interested, wristbands are available for purchase day of.
GEAR CHECK VOLUNTEERS

VOLUNTEER LEAD(S)
Christina Hall
Rachel Reap

VOLUNTEER DUTIES
If participants bring extra clothes or items, they will be able to check items in before their event Saturday morning and check their gear back out when they are ready to leave.

Gear Check volunteers ensure that participant bags/items are clearly marked with the participant’s bib number that the tag is securely attached to the bag.

Once the item is dropped off by the participant, volunteers will organize them by bib number for easy retrieval in the Padres dugout when the participant return.

Gear check will also be available at Bikeway Village and Mountain Hawk Aid Stations. Gear left at off-site locations will be transported back to Petco Park for retrieval in the afternoon at gear check in “The Beach” in the outfield.

GEAR CHECK PROCESS
1. When a participant wishes to check their bag into gear check, volunteers will write the rider’s bib number (found on the rider’s wristband) on a blank wristband and attach the wristband to the item.
2. Volunteers will then sort the tagged bags by number in pre-numbered areas in “The Beach” for easy retrieval.
3. When a participant returns from their event and asks for their bag back, check their bib number and ONLY give them the bag with the corresponding tag number on it.

IMPORTANT
Volunteers at the two off site locations offering gear check (Bikeway Village and Mountain Hawk Aid Station) will be communicating that gear will not be back to the ballpark until the end of the day.
VOLUNTEER LEAD(S)
Julie Kaufman

VOLUNTEER GROUP
TBD

VOLUNTEER DUTIES
You will be one of the first, shining faces to make an impact on our riders, runners, walkers, spinners and they enter the ballpark. You will act as the go to smiling face as you welcome riders and direct them to registration and breakfast.

A volunteer group will be at your disposal to help direct and greet guests as you see fit. We recommend greeters/directional volunteers at:
• The cross street of Imperial & Park
• Outside of the East Village Entrance
• Outside of the Park Blvd Gate

IMPORTANT LOCATIONS
Please mention/point out the following locations to guests as they arrive
• Registration Tables
• Will Call Kiosk
• Volunteer Kiosk
• ID Check Kiosk
• Restrooms
INFORMATION TENT VOLUNTEERS

**VOLUNTEER LEAD(S)**

Chelsea Dill (East Village Gate – SHIFT 1)
Virginia Schang (On Field – SHIFT 2)

**VOLUNTEER COUNT:**

<table>
<thead>
<tr>
<th>Shift 1 (2)</th>
<th>Shift 2 (2)</th>
</tr>
</thead>
</table>

**VOLUNTEER DUTIES**

Information/Guest Services volunteers will be at the center of it all! The information tent will be where guests can ask any questions pertinent to Padres Pedal the Cause and event day.

Volunteers will be stationed at one of the following locations:
- At Registration area at the East Village Gate
- On the field at Petco Park

Padres Pedal the Cause will provide the Information/Guest Services volunteers with a binder containing documents that will hopefully be able to answer all questions you will be asked. The binder will contain the volunteer handbook and the rider handbook which contain all information including event day schedule, meal ticket sheet cost, anticipated rider returning times and a Petco Park Map.

Volunteer leads, feel free to designate volunteers to roam and provide direction/information to guests who appear lost or in need of help

Wristbands will be sold at the information tent at PATP during shift 1 and on the field at the merchandise tent during shift 2

**General Access Wristband (NO F&B included)**  No cost

**All Access F&B Wristband**  Can be purchased for $40

**All Access Food Wristband**  Can be purchased for $25

**21+ WRISTBANDS (this will be a 2nd wristband provided by Best Beverage)**

Participants who are interested in consuming alcohol will need to visit any of the bars to show their ID, they will receive an additional wristband proving they are 21+. ID verification will also be available at East Village gate by check-in.
KID’S CHALLENGE

VOLUNTEER LEAD(S)
Kelsey Vanenglenberg
Emileeann Moran

VOLUNTEER GROUPS
WD-40

SEMPRA ENERGY KIDS CHALLENGE
The Sempra Energy Kids Challenge is a fun youth course onsite at Petco Park. On a safely enclosed track, they will ride their bikes, trikes or scooters around Park Blvd near the Home Plate Gate. All kids will finish their ride on the field at Petco Park. Parents will be asked to walk with their children to the finish chute and onto the field to avoid separation of families. All children will receive a Sempra Energy Kids Challenge t-shirt, medal, and a special rider bag! Check-in at the East Village Gate before heading to the start. NOTE: All children must wear helmets! Parents and Children are to be instructed to go to INFO Tent on the field if they get separated.

• Day-of registration will be available for a $40 registration fee
• Bike Decorating & Registration Time: 11:30am - 12:00pm

VOLUNTEER DUTIES
Kid’s Challenge volunteers will be assigned to one of the following tasks upon arrival
• **Carnival**: Help to set up the carnival for the Kids! Before the race kids will have the opportunity to decorate bikes, have their faces painted and meet some real superheroes! 10 volunteers
• **Course Police**: Volunteers will be stationed around the course to ensure Kids are going at an appropriate speed and are participating in a safe manner
  • 10 volunteers
• **Escorting into the ballpark**: Direct the flow of foot traffic and ensure kids and their parents are following the path around the ballpark and into the finish line. A portion of this path will cross with the cycling routes. It is **VERY IMPORTANT** to block kids from walking into the street.
  • 2 positioned at corner of Tony Gwynn and players lot and 6 positioned by the finishing chute on 7th Street enabling safe access through the breezeway. At L street, cyclists will be merging on the 7th street. Cyclists are to stay on the outside finish line chute, while the Kids Challenge and 5K are in the inside chute.
  • Be stationed from the start
• **Handing out Medals**: Meet the kids at the finish line to hand out their finisher medals!
  • 2 volunteers

KID’S CHALLENGE SCHEDULE
10:00 AM Volunteers arrive at the carnival area at the Home Plate Gate | Set Up Begins
11:00 AM Gates open for Kids to enter the carnival
11:45 AM Wave #1 sets up at start line
12:00 PM Wave #1 begins | 12:45 PM Wave #2 begins
2:00 PM Kid’s Challenge End
CREW LEAD(S)
Lizzy Kifner

PADRES CREW
Samantha Barker (lead)
Kaylee Arca
Jaymi Fleming
Kylie Dick

DUTIES
The Kids Zone will be located at Park at the Park.

Padres Crew will be responsible for the Kid’s Zone on event day. This includes turning the space over after breakfast, setting up the bounce houses, softball game and other items. We also ask that the crew facilitate the play and hang out with the kids during the remaining time.

KID’S ZONE SCHEDULE
10:15 AM Turn over breakfast to Kids Zone
11:00 AM Kids Zone Ready
11:00AM-4:30 PM Kids Zone Open
MERCHANDISE TENT VOLUNTEERS

VOLUNTEER LEAD(S)
Monica Silva (On Field)

VOLUNTEER DUTIES
Padres Pedal the Cause will be selling branded merchandise on event day. Merchandise tent volunteer duties include setting up the tent, helping people get the size they want from our stock, answering questions on pricing, and making the sale! There will be a volunteer lead in the tent to manage the money and credit card transactions.

You will also help break down the merchandise tent. This means making sure the inventory is neatly organized.

CHECK LIST
• Petty Cash (will be provided by Padres Pedal the Cause)
• Merchandise pricing sheet
• iPad (login access to iPad will be provided on event day)
• Card Readers (login access to card readers will be provided on event day)
• Apparel
• Dustin Towery (916) 390-3787 (main Padres contact for all merch info)

General Access Wristband (NO F&B included)  No cost

All Access F&B Wristband  Can be purchased for $40

All Access Food only wristband  Can be purchased for $25

21+ WRISTBANDS (this will be a 2nd wristband provided by Best Beverage)
Participants who are interested in consuming alcohol will need to visit any of the bars to show their ID, they will receive an additional wristband proving they are 21+. ID verification will also be available at East Village gate by check-in.
VOLUNTEER LEAD(S)
Louise Butler
Sam Schultz

RECOVERY ZONE
Stop by our Recovery Zone near home plate. The Physical Therapy Effect will provide physical therapy services near the 1st base dugout. Cyclist Massage will return this year to offer massage services in the Lexus Club Restaurant behind home plate after your ride. Please check in at the respective service desk to reserve a time for your complimentary 10-minute massage or physical therapy session! New this year, Biomed will be offering B12 shots complimentary to Top Fundraisers and for $20/ piece otherwise. Biomed will have their own point of sales. We are not responsible for collecting any money.

VOLUNTEER DUTIES
As a recovery zone lead you will be working with each of the vendors to ensure they are in the right spot and have everything that they need, roam the recovery zone during your shift to answer any questions that participants may have and let key staff know of any issues that arise.

Historically the recovery zone has been extremely popular resulting in long lines and waiting lists for guests. Please approach all service complaints and issues with a smile and reassurance that the staff is doing everything that they can do to make the participant experience as enjoyable as possible.
REGISTRATION VOLUNTEERS

VOLUNTEER LEAD(S)
Tony Castelli
Connor Novak
Diane Golden
Willie Paine
Yadira Galindo

VOLUNTEER GROUP(S)
• United (Shift 1)
• EY (Shift 1)
• CBRE (Shift 2)
• Padres Volunteer Team (all)

VOLUNTEER DUTIES
All riders, spinners, Kids Challenge participants and 5K participants will need to check in and get their jersey or shirt, bib number, wristbands and participant bags. There will be a registration captain that will explain the computer system when you arrive for your shift. This captain will be able to answer participant questions and handle any issues that crop up.

HIGH LEVEL REGISTRATION STEPS
1. Participants tell volunteers their last name.
2. Volunteers type last name into the computer in front of them.
3. Volunteer confirms the first and last name of rider to ensure they pulled up the correct record.
4. Volunteers assign a bib number to rider based on which course they are riding.
5. Volunteers write the assigned bib number on wristband. This is essential so they can retrieve their bike after the event concludes.
6. Volunteers grab the correct jersey size & a rider bag for the participant.

When you arrive for your shift, you will be walked through the different bib colors and who gets what jersey/shirt.

We will ask that volunteer leads train/show volunteers how to register participants by manning the computers from 4am-7am.

Volunteer groups will then take over check in/reg from 7am on.
SPIN presented by LA FITNESS
Pedal at the Park features four classes of stationary cycling presented by LA Fitness. This year, we have more bikes, more classes and a cooler location on the Pier above centerfield!

All participants will receive a technical spin shirt and a rider bag with goodies. Check-in will take place at the main participant registration area at the East Village Gate. All participants of Spin at the Park are also welcome to join the festivities after class to enjoy food and live music with friends and family.

CLASS SCHEDULE AND OVERVIEW
Check-In: Check-in will be available as early as 4:30am. Please arrive at least 30 minutes before your class to make sure you get checked in, enjoy breakfast, and are ready to spin!
Classes: 50-minute classes starting at 10:00am, 11:00am, 12:00pm, and 1:00pm
Instructor: Classes will be taught by local instructors from popular local spin studios. Big shout out to our spin instructors and DJ for volunteering their time!

- 9:00 am SPARKCYCLE Class – Kellie
- 10:00am The Rush Class – Tim and Crystal
- 11:00am SPARKCYCLE Class – Kellie
- 12:00pm LA Fitness – Paco
- 1:00pm Bill’s Angels Class – Kellie

Style: The class will be a traditional style spin class with a live DJ and a chance to see yourself and teammates on the scoreboard while you are pedaling away. Each class will show the unique style of the studios represented by the instructors, and all will be inspiring and fun.

Clips/ Shoes: The bikes are Keiser Stationary Bikes with SPD clips. If you have spin shoes, you are welcome to wear them. If not, we recommend a hard-sole, close-toed athletic shoe.

VOLUNTEER DUTIES
Pedal the Park volunteers will help our spin participants get ready for their class by turning over the space after each class, cleaning bikes, checking in participants, and getting water for spinners. A certified spin instructor will walk volunteers through how to adjust bikes for correct fits and how to clean the bikes off quickly.

Each spin class in 50 min long. During the 50-min class, volunteers get water for spinners as they run out and help create an atmosphere of excitement.

CANCER CRUSHER CHALLENGE
Participants who are a part of the Cancer Crusher Challenge will be finishing their events at the spin station. Volunteers will hand out medals to these participants.
**VOLUNTEER LEAD(S)**

**Joy Lopez** (Shift 1 - PATP)
**Erich VanDien** (Shift 2 - Team Tents)

**VOLUNTEER DUTIES**

Participants in our team tents have earned a tent on the field one of the following ways:

- Raising $50K or more
- Having 50 team members or more
- Being a sponsor

**Joy**, as a team experience volunteer lead in the Park at the Park you will ensure all team meet up signs are set up. You will roam the PATP in the morning to help teams find their space and encourage them to line up when the time comes.

**Erich**, in this section, you will oversee the set up to ensure all team tents are presentable, free of trash and in the appropriate space. During the event you will check in on the tent participants, field any complaints/requests and ensure everyone is having a good time.

*This map is subject to change.*
VOLUNTEER CHECK IN

VOLUNTEER LEAD(S)

Vincent Delgado (lead)
Karlin Bergum (lead)
Cameron Karam (escort)

VOLUNTEER COUNT:

Shift 1 (2)
Shift 2 (2)

VOLUNTEER DUTIES

All volunteers who are working on site at Petco Park will need to check in and get their shirt. There will be a volunteer lead that will explain the check in system when you arrive for your shift. This captain will be able to answer volunteer questions and handle any issues that crop up.

CHECK IN PROCESS

Volunteers have signed up for either a general shift or a group shift. All general shifts will be assigned as they walk up. Group shifts have been pre-assigned and only one captain from each group will check in at the kiosk on behalf of the group.

Once a volunteer checks in you will hand them their volunteer shirt a volunteer lead will escort the volunteer or group to the station they have been assigned.

GENERAL VOLUNTEER SHIFTS

• 4am-10am Petco Park Shift 1
• 10am-5pm Petco Park Shift 2

GROUP VOLUNTEER SHIFTS

• Full list will be provided on event day

CHECK LIST

• Radio
• Master Volunteer list (4 copies)
• Pens/Markers
• Volunteer Shirts
**VOLUNTEER LEAD(S)**

Brittan Trozzi (lead)
Karlin Bergum

**VOLUNTEER DUTIES**

All vendors, VIP’s, sponsors and media will come to the Will Call Kiosk to receive their F&B wristbands. The list will include first and last name, company and how many wristbands they receive.

If any discrepancies come up from the list or someone walks up and is not on the list expecting a wristband, the lead volunteer will make the ultimate decision in whether they will be admitted.

**CHECK LIST**

- Will Call list
- Wristbands (orange, blue and white)
5K WALK/RUN VOLUNTEERS

VOLUNTEER LEAD(S)
Paula Badali (ON COURSE)
Nicole Lucatuorto (ON COURSE)

VOLUNTEER COUNT: 8am-1pm (20)

5K WALK/RUN
The family friendly 5K walk/run will start at the same start line as the cycling routes on J street and take a tour of the Embarcadero before returning to Petco Park to finish on the field. Strollers are allowed and there will be an elevator to take you up to the footbridge. Unfortunately, no pets will be allowed on the course.

*Note: all participants must WALK up the stairs and across the pedestrian footbridge. No running is permitted on this short section of the course.

Start Time: 10:00am
Check-In: East Village gate starting at 4:30am

VOLUNTEER DUTIES
5K walk/run volunteers will be assigned to one of the following tasks upon arrival

- **On Course preparation 8 am:** ensure signage is going up and the course is clear. Check that aid station is set.

- **On Course traffic direction:** direct the flow of foot traffic and ensure participants are following the proper routes along the embarcadero and into Petco Park.

- Two specific posts will be at the east end of the pedestrian bridge
  - Two specific posts will be at the west end of the pedestrian bridge
  - Two posts on 7th street south of L street **see Site Ops 7th street pages**
    - **DURING START:** Two outside of players exit directing runners towards Pedestrian Bridge next course pointer
    - **DURING FINISH:** Two outside of finish chute on 7th Street south of L street directing runner/walkers. At L street, cyclists will be merging on the 7th street. Cyclists are to stay on the outside finish line chute, while the Kids Challenge and 5K are in the inside chute.
  - Course pointers will be attending the 11/4 training

- **Aid Station:** The 5K Aid Station is located at Ruocco park along the Embarcadero. If need be, volunteers will be asked to help at the aid station
CREW LEAD(S)
Agustin Vazquez (Start line | J Street)
Kyle Harker (K Rail | Kids Challenge)
Maile Osumi (K Rail | Kids Challenge)
Jared Hernandez (Finish Line – 7th Street)
PARKING PASS

Please print and bring with you on event day

PARKADE

STAFF/VENDOR/VOLUNTEER

SATURDAY, 11/16/2019

ACCESS TO PADRES PARKADE – ENTER ON 10TH AVENUE
ANY VISITOR OR NON-RESERVED SPACE

MUST DISPLAY PERMIT ON DASHBOARD

PERMIT ISSUED BY KEN KAWACHI, EVENT OPERATIONS FOR LAUREN DIAZ, PADRES PEDAL THE CAUSE

THIS IS NON-TRANSFERABLE & WILL ONLY BE HONORED WHEN PRESENTED BY BEARER FOR PARKING AT SAN DIEGO PADRES/PETCO PARK EVENTS. THE SAN DIEGO PADRES RESERVES THE RIGHT TO REVOKE AND/OR TERMINATE THIS PERMIT AT ANYTIME. BY ACCEPTING THIS PARKING PERMIT, BEARER ASSUMES ALL RISK OF FIRE, THEFT, DAMAGE TO, OR LOSS OF VEHICLE OR ITS CONTENTS. EACH OF THE SAN DIEGO PADRES/ACE PARKING ASSUMES NO LIABILITY ARISING FROM FIRE, THEFT, DAMAGE TO, OR LOSS OF VEHICLE OR CONTENTS.

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THANK YOU!

Padres Pedal the Cause is powered by an army of awesome volunteers who donate time and talent to the fight against cancer.

Thank you for being a part of this army in helping to make Padres Pedal the Cause 2019 the best year yet!

If you have any questions, please contact the Padres Pedal staff at admin@gopedal.org